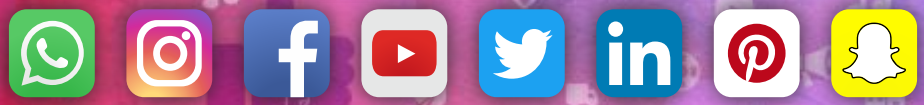
NOV- JAN 2021

MGM Darpan
Insights from the MGM Group of Institutions

STUDENTS AND SOCIAL MEDIA



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FROM THE DESK OF DIOCESAN EDUCATION OFFICER....

We have welcomed the New Year with great hope and joy. By the Grace of God we could walk through the darkest alley 2020 presented before us. Indeed there had been moments of uncertainty, heartburns, distress, frustrations etc., yet we overcame it. The Covid-19 pandemic also has been a great learning experience which reminded us that in spite of the best strategies and resources our plans might go for a toss. It also taught us that we can give a break to our otherwise busy lives and cherish the nature and our kith and kin. The situation caused by the pandemic has also resulted in the active usage of technology, especially in the field of education.

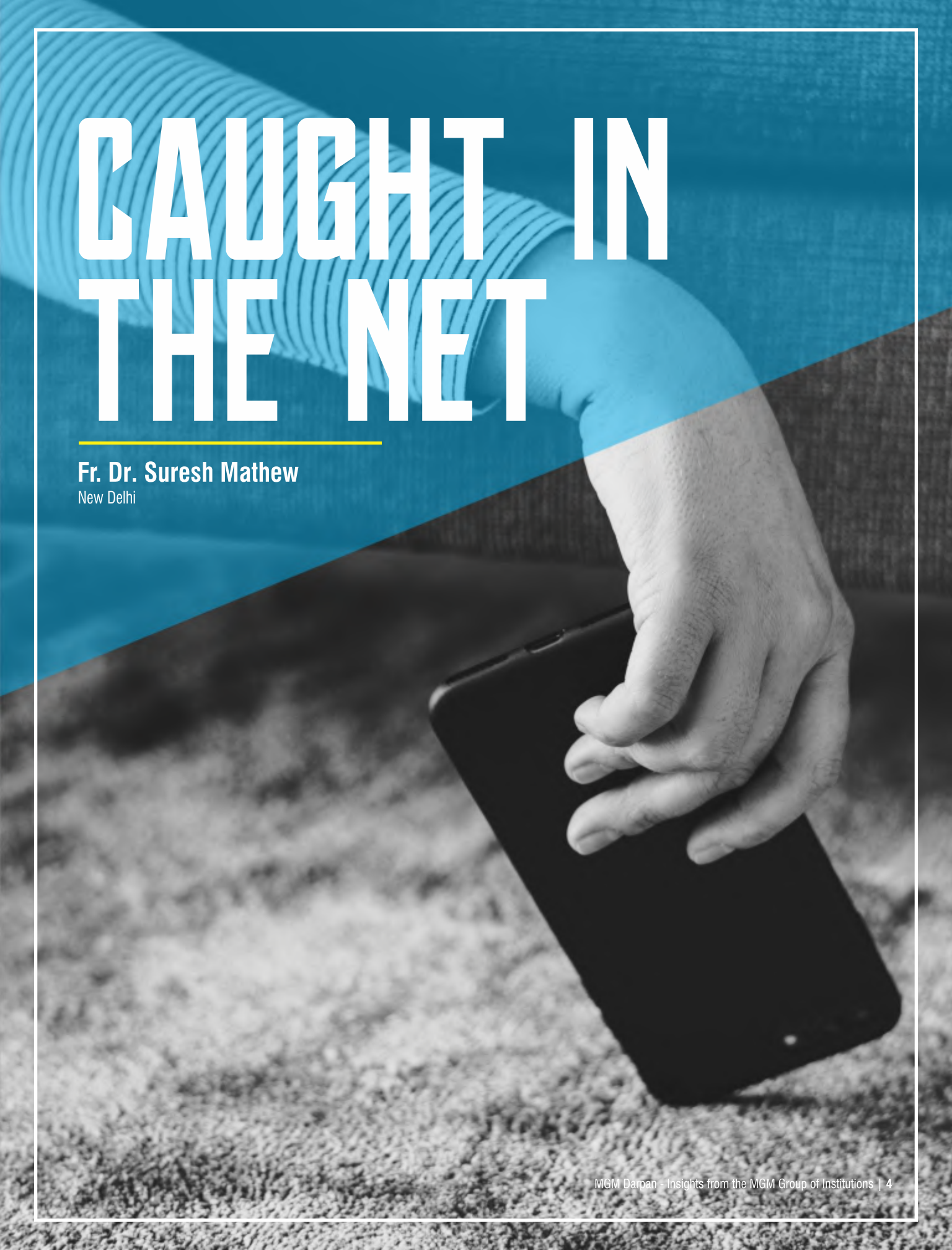
Inter School MGM Fest had become a major event for our group of Schools for the last five years. The lockdown had almost made us to postpone this year's MGM Fest as physical gatherings were not possible. However we shifted to the virtual mode and could successfully conduct the VI Mar Theodosius Memorial MGM Fest from 9th to 19th December, 2020. Shri Tamradhwaj Sahu, Honourable Home Minister of Chhattisgarh , in his inaugural speech, lauded the efforts of MGM group of institutions for its decades long services, especially those during the pandemic, and for providing excellent opportunities to students to showcase their talents. Dr. Aruna Palta, Vice Chancellor, Durg University and Padmashree Dr. Mamta Chandrakar were the other dignitaries apart for H.G Dr. Joseph Mar Dionysius Metropolitan, who grace the virtual events. About 800 students from 23 schools competed in three categories viz., sub- junior, junior and senior. The overwhelming participation of the students is very much appreciable. Let me congratulate all the winners and the participants. The teachers, parents and principals also deserve gratitude for their role in preparing the students for the competition. The teachers, parents and principals also deserve gratitude for their role in preparing the students for the competition. My hearfelt gratitude to the Principal, EVC and staff of CCET, Bhilai for succesfully hosting MGM Fest 2020.

I wish all of you a very blessed new year filled with joy, health and success.

Fr. Dr. Joshi Varghese
Diocesan Education Officer

CAUGHT IN THE NET

Fr. Dr. Suresh Mathew
New Delhi



Imagine, living in a world without newspapers, magazines, radio, television, internet, mobile phones! Is it viable? A consideration of personal patterns of media involvement and use will force us to admit that a world untouched by modern media is implausible.

On the global map, India as a nation has asserted itself as an emerging power in information and communication. This technologically and economically emerging nation today is in constant conversation, thanks to mobile phone networks that cover cities, villages, terrains and deserts.

History reveals that the transition of communication from oral to written culture was slow and the changeover from the written to telecommunication was steady. But the shift from there to a digital and interactive communication made possible through internet was swift. This unexpected, impulsive and rapid change in the scenario of media has an influence on everyone; specially, a profound and beguiling impact on teenagers.

Gone are the days when children used to gather on playgrounds for football or cricket even on rainy days. Today they are happy playing video games or chatting with their best friends online, enjoying the cosy comfort of their study room. Accesses to libraries by children have almost diminished and Professor Google has taken up the role of teachers and libraries. Traditional means of education, recreation and entertainment have given way to digital recreation and entertainment. This has resulted in the creation of a generation of couch potatoes.

The incalculable benefits of media explosion and at the same time the erosion of values caused by media saturation are in conflict and a constant concern for parents and teachers. The matrix of internet with benefits and detriments poses a question. Can we remain as mute spectators before the colossal influence of internet?

There is a widespread belief that internet is a powerful instrument of influence on the lives of children, teenagers and adults. On the one hand, there is the idea that childhood is dying or disappearing and that internet is responsible for this phenomenon. On the other hand there is the idea that internet is now a force of liberation for children and that they are creating a new 'electronic generation' that is more open, more democratic, or socially aware than their parents' generation. In some ways these two views are diametrically opposed, yet there are also similarities between them. These two views emphasize the effects of internet on children, be it positive or negative.

The writer recently had an interaction with teenagers to study their usage of internet. Also, an attempt was made to grasp the content of the material they access. One of the points of discussion was regarding the causal relationship between isolation at home and access to internet.

The statement regarding the isolation at home and usage of internet is a risk which parents are unaware of. Children go online as pastime. They tell that there is 'no one at home' and 'nothing to do.' Most of the children interacted hail from families where there are just two children, and parents belong to the working class. Children come home early from the school and are in some cases tendered by house maids. Then 'to relax and feel free' they easily access internet, especially for interactions in social networking sites. They openly shared that if the parents had been present, they would have had spent less time with the internet.

Families that own computers and mobile phones with internet connection are very common. Intriguingly, they are given to children for use without any discrimination. They are also given to children like a toy for play. In the case of infants, many internet programmes, YouTube etc. serve as baby sitters and also come in handy to show children while feeding them. Earlier television was used as baby sitters. Today internet with wide variety of programmes and favourite songs and videos serve better the purpose of baby sitter and also in calming the agitated children.

Regarding the personal benefits, children admitted that the virtual world gives them information and entertainment. Scientific information are valued and accessed as it increases their general knowledge. School projects and assignments are completed with efficiency with the help of internet.

Many disclose that social networking sites have helped them to keep in touch with their friends. They spend long hours even at night talking with their friends and chatting with them in WhatsApp. Facebook is very commonly used and they enjoy watching status updates, commenting on the status, photos and posters uploaded and shared.

While answering a query regarding the reasons for spending a few hours continuously on internet they shared that their parents have no time for them and they are not sent outside for play or interactions. Parents think that children are safe within the four walls of their houses. While asking them about alternate options like reading etc. to divert their attention, children openly tell that reading of books do not interest them anymore. They also tell that reading as a habit is promoted neither in schools nor in families.

Very few parents know the contents of what the children surf online. Many children are not told or taught of the dangers of internet like pornography, internet bullying etc. Often the purpose of online activity is for warming up relationships through social networking sites and then to listen and watch musical programmes. For many, internet is a pastime and a medium to relieve stress. They have late night log-ins. Educational websites are accessed only during the time of examinations.

A personal, pastoral experience of rendezvous with children, teenagers and adults who are online 24x7 present opportunities, challenges and more seriously, issues that have to be urgently addressed to. Parents who complain about the constant presence of children before interactive media, children who pooh-pooh their parents about their addiction to certain soap operas are perpetual cases that educators personally stumble upon and bump into. These comments and complaints, grumbles and grievances become a serious concern when children, irrespective of gender,

acknowledge of being addicted to chat sites.

It is an indubitable truth that children are getting huge benefits through the information accessed through internet. Easily they get influenced by the presentations in the media and are carried away by the 'fiction of being informed.' They get attracted, attached and also addicted to what they read or watch in internet. Often without any critical approach they accept ideas, information and representations.

There was a time when a crying child was cheered up with story-telling. In course of time, story-telling was replaced with attention-grabbing cartoon channels.

It is no one's contention that social media like Facebook and Whatsapp are not beneficial in a fast changing world. The real issue is its indiscriminate usage leading to disastrous results. Gathering information, passing on messages, exchanging notes, maintaining relationships, etc. in real time at a negligible cost are of great use. But such innocuous and useful activities degenerate into dreadful moments when children, unmindful of the lurking danger, stray into dangerous zones. One of the most unsafe activities is striking a chord with strangers in social networking sites. There are many wolves in the garb of sheep and the young minds, led more by emotions than reason, get trapped. Innumerable cases of tragedies brought about by social net working relationships are coming to light every day.

Another area of concern is squandering of valuable time. Often, children and youngsters spend a lot of time on internet. In most cases, it is not for gaining knowledge or gathering material for their academic studies. Their searches take them to games, films and even pornography. Once they get hooked to such sites, it becomes a dangerous addiction, thus striking at the very root of their academic life and career. Often we look at the advantages of advanced and innovative methods of communication, but fail to take into account its flip side. The young people are often not capable of making judicious choice; they are moved by appearances which can turn out to be deceptive.

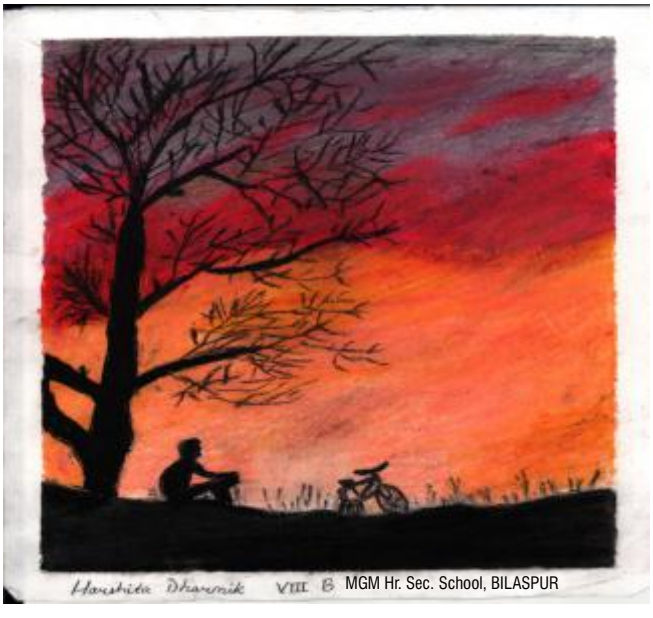
A major drawback of social networking and modern communication is the loss of human bond. It is getting lost in the labyrinth of gadgets and devices. Interpersonal relationship is giving way to bonding through chat rooms and messages. This, in turn, will have a major adverse impact on human values. Fellow feelings and humanness do not matter much to a generation living on twisted words and fake identities. There are also instances of teenagers turning into introverts, with their academic performance taking a beating. When one spends long hours on networking sites to the exclusion of the obligations of daily life, it can have a big impact on the quality of life. However, a judicious use of internet and social networking sites can open up unlimited opportunities for enriching one's knowledge and life. Internet is not bad in itself, but its wrong use can lead to unpleasant outcomes.

Here comes the need for media education. As a consumer everyone is duty bound to train oneself in the right use of the media enabling and equipping with right education. This intention to equip and to train the self and others brings out the idea of media education. Media education is intended to actively discern the messages that are true, genuine, good and appealing to intellect than to senses. It helps a trained mind to appreciate the form, content, language of the communicated message. It also saves one from becoming embarrassing passive consumer of every single content that comes on the way through television or internet or for that matter any medium of communication.

The onus to help children and youth to have a discerned selection of media falls on every single mature and responsible adult. In the context of a media proliferation, media education becomes an impetus for educators accepting it as a mission oriented towards an integral promotion of children, teenagers and adults. An education to appreciate the media as an element of culture along with an attitude of critical consciousness and awareness to see through the ploy and callousness behind the media is required. It is a training to develop a critical understanding, an ability to make informed judgements and interpret finally both the form and content of the media. It is not to be confused with education through or with media. Nor it is to be identified with media for education.

A few basic principles like media representations construct reality, all media are constructions, audience can negotiate meaning in media, media have commercial implications, media messages contain ideologies, media promote moral permissiveness, media have political and social implications and finally, form and content are related in media messages serve as the foundation for media education.

An investigation into the ground reality of media education reveals that seldom an organized media education programme is conducted in India. Children, who are growing, considered to be the future of the nation, are completely left out in the lurch to mend for themselves in the oasis created by the world of internet.



MGM Hr. Sec. School, Bilaspur

MGM Hr. Sec. School, Bilaspur

Promise of plants

PLANTS PROMISE:

PATH OF WELLBEING IN SOCIAL MEDIA ERA

Dr. Vinita Thomas
HoD, Department of Botany
St. Thomas College, Bhilai

"Social media is like a drug, but what makes it particularly addictive is that it is adaptive. It adjusts based on your preferences and behaviours which make it both more useful, engaging, interesting, and more addictive."

-Jaron Lanier

Social media has become an integral part of the lives of people of all ages today and believe me we are all Living a lie.Social media has taught users to always filter their actions, only put their best foot first, hide their problems or imperfections, and do anything to look your best. The stress and pressure of always looking like we are enjoying are causing some people to be constantly living a lie for social media's sake always seeking validation through likes and comments.

Research has shown that the use of social media detract from face-to-face relationships, reduce investment in meaningful activities, increase sedentary behaviour by encouraging more screen time, lead to internet addiction, and erode self-esteem through social comparison.The biggest drawback of Social media is that it is highly addictive to almost every person using it. It has altered our sense of reality such that in priding the global connectivity it offers, we forget to connect with the people around us and grow emotionally distant. This obsession of being glued to our gadget screens all day brings with it an array of health disorders and is the main cause of stress, depression, anxiety and sleeplessness.

Plants have the power to heal. Science proves interacting with plants, both indoors and outdoors, is beneficial to physical and mental health. Individual of any age and skill level can enjoy the benefits of gardening and surrounding him- or herself with nature. Horticultural therapy fosters growth, healing and self-understanding.

PHYSICAL BENEFITS OF PLANTS AND GARDENING

Here are the top reasons to welcome plants into your home, work place or community.

1. Boosts Air Quality

Indoor plants look gorgeous in any office, classroom or home, and they also help clean the air. Majority of urban residents spend their time indoors, where air pollution can be several times higher than outdoors. Indoor air pollution can lead to sick building syndrome, which includes symptoms such as headache, dizziness, loss of concentration and irritation. Over 300 toxins in indoor air called volatile organic compounds, which indoor plants help remove. Outdoor plants also reduce air pollution.

2. Promotes Exercise

Working with plants helps individuals get the physical activity they need to stay in shape or improve their current condition.Gardening is a fun and easy way to incorporate exercise into your or your child's daily routine. Children usually enjoy working with soil and learning about plants. A child may not even notice they are exercising while they dig, move soil or water plants in the sunshine and fresh air. Gardening also helps children develop motor skills and overall strength, and it can even combat childhood obesity.

3. Encourages Healthy Eating

Gardening encourages individuals to add healthy foods to their diets and break free of poor eating habits. Children and adults will feel better when

they enjoy nutritious foods every day.Children and parents can choose the foods they wish to grow, and they don't have to worry about pesticides. Homegrown food tastes better and is more appealing because of the time and effort it requires to grow and harvest. A child will likely feel excited to eat what they grew.Gardening and growing produce is a simple way to encourage children and adults to get the nutrients they need for physical and mental health

PSYCHOLOGICAL BENEFITS OF PLANTS AND GARDENING

Interacting with nature is essential to maintaining a sense of well-being. Through gardening and spending time around plants, individuals can reap a wide range of psychological benefits. Here are just a few mental health benefits of being around indoor plants and gardening.

1. Develops a sense of responsibility.

Having to care for plants is a good way to learn to look after and respect other living things and helps develop an appreciation of the magic of nature.

2. Connected to other living things.

Gardening acts as a gentle reminder that we are not the centre of the universe. Self-absorption can contribute to depression

3. Prolongs Attention Span

Gardening and being around plants strengthens attention span, which can aid concentration and learning. A study published by the American Society for Horticultural Science demonstrates that

students who gardened scored significantly higher than students who studied in a traditional classroom setting.

4. Improves Mood

Human beings generally feel happier and more optimistic in surroundings with plenty of plants and nature. Gardening releases feel-good chemicals in the brain such as serotonin and dopamine. Working with soil makes us happier as a bacterium in soil called Mycobacterium vaccae triggers the release of serotonin, which lifts mood and reduces anxiety. When we let go of ruminating on the past or worrying about the future and instead focus on the here and now, anxiety lessens.

5. Live for the present moment

Being amongst plants and flowers reminds us to live in the present moment. Gardening is one of the best ways to calm the anxious mind and become more focused on 'present'. Next time you're in a garden, pause for a few moments and allow yourself to be aware of your senses. Listen!!!! Touch!!!! Smell!!!! See!!!!

6. Boosts Self-Esteem

Low self-esteem is a common experience among adolescents and young adults. It's normal for teens to compare themselves to others on social media or feel pressured to look or act a certain way. When children take care of plants and watch plants grow, they observe a transformation. A child can gain an understanding of his or her transformation from child to young adult. Children can also learn it does not matter what they are, they can be nurturers and contribute their love and attention to the world. Gardening is one way to gain a sense of self-worth regardless of social pressure. One feels proud when it's time to harvest the beautiful produce, enjoy the taste of the vegetables or the sight of the colourful flowers from their garden and the confidence boost that comes with it.

7. Grief management

Gardening reminds us of the cycle of life, and thus come to terms with that most universal of anxieties: death. Rituals can help us work through difficult emotions, including grief, and gardening is a form of ritual involving both the giving of life and acknowledgment of its end; it's symbolic of regeneration. It's no coincidence we create gardens of remembrance and mark graves of our loved ones with roses, shrubs, and trees; by doing so we're acknowledging that from dust we all come and to dust we return.

DID YOU KNOW

Stay Healthy on Social Media

1. Use in moderation can have a positive impact on your life and health.
2. Use at certain scheduled times without interfering work or studies
3. Use to research health issues, but always consult with your own doctor
4. Stay off social media driving or doing anything else that's potentially hazardous.
5. Don't waste time arguing with people online.

DATA PRIVACY IS A COMPULSION, NOT JUST PRIORITY

Santosh Koshy Joy
Senior Communication Researcher and Consultant
Delhi

The importance of technology tools and online applications in making it possible for educators and students to further their causes was underlined more than amply during the year 2020 in the times of the Pandemic. The digital world helped us collaborate, create, and share ideas easily despite being locked up in our houses.

Together with the digital surge in our education sector, we were also part of the concerns on privacy expression by different stakeholders. It started with the initial hesitation regarding Zoom platform for online classes due to its Chinese origin and now we are hearing the fear around using WhatApp due to digital security hazards. This is an apt time for all of us to discuss in detail the Data Privacy priorities of our school system.

Gone are the days when the educational and personal records of the students and staff members in school were locked inside a cupboard in files. The vital data of the school are now mostly floating in the cloud and often accessible to many. The student data is now handled by multiple users, the school staff

records are in networks which are vulnerable to breach. Every individual including teachers, students and parents who connect with the school network and interact are both vulnerable as well as threat to data privacy if caution is not exercised. Before we ponder into the topic, some of the relevant questions we must ask ourselves to evaluate the applications, websites and online services we use are:

- **Do I give away Personally Identifiable Informations (PIIs)**
- **Does the platform used for the academic purpose commit not to further share student information to a third party.**
- **Does the platform or any admin in the system create a profile of students or teachers, other than for the educational purposes specified.**
- **When you cancel the account or delete the app, will the vendor delete all the student data that has been provided or created.**
- **Does the online product show advertisements to users. If yes, what kind.**
- **Does the platform promise that it provides appropriate security for the data it collects.**
- **Does the vendor claim that it can change its privacy policy without notice at any time.**
- **Does the vendor say that if the company is sold, data will be sold too.**
- **Does the institution have its own digital application or it uses open source or paid ones.**

Why should the school ecosystem care about student data privacy ?

At present there are ethical and operational restrictions. In the future, with the passage of some laws under consideration of the Parliament, there would be legal restrictions as well in the way we deal with the data concerning the students, teachers and the regulatory institutions.

Question papers, mark sheets, answer sheets, lesson plans, attendance, grades, discipline comments, health records, teacher salaries, confidential records of their performance, school and regulator (like CBSE, ISCE, Education Ministry) interactions and everything around it consist of secret data until the school decides to make it accessible. The admin role of each set of this data is restricted to a limited number of people. Breach of data is possible either by the intent or callousness of the set of admins or by the purposeful stealing by anyone else other than the admins.

As a teacher or as part of the administration, be doubly cautious not to endorse use of an outside product or platform which is not authorised by the school. It's quite common for students to find education apps on their own to use for projects, teachers must be careful in such instances. It has been experienced that commercial products not designed and marketed for schools may not have the privacy policies and practices in place to ensure the protection of user data.

What are the data harvesting techniques?

Ever thought, how does a coaching centre get data to call a potential student to canvass for their classes. They buy data from the open market from the data harvesters or the data collectors. School data is precious. A simple health chart of the school staff or the medical leave application can give immense opportunity for the corporate hospitals in the city to call up with medical advice. The financial or fee data of a school is a ready recipe for the banks or lenders to offer loans. How are these data collected?

The ways to collect these data are simple. So obvious that we would have fallen prey to it several times. A simple looking glittering 'good morning' or 'happy new year' GIF file could be a program to collect your phone information on some server. A bonus coupon or link shared with you for that 'Big Bazaar Sale' could be a trap. There are also more industrious ones, who will offer you a free software for class notes and animated lessons to collect your class information. It is time to be careful about all this.

Conclusion

We work in a period of constant deadlines. Teachers are keeping up to the tough targets, schools have to work under constrained budgets and students are under pressure to perform better and prove to be the best among the peers. These challenges often guide us to take up shortcuts to technical interfaces.

Digital use is here to stay. There is no return back to olden days. It's an exciting time and although rapid change can sometimes be hard to adjust to. But to keep up with the changes, insist on yourself and your institution to have the best digital practises. Suggest your school to have a Digital Policy. Put out the Digital Policy for everyone to read and specifically let the students and their parents read it and agree on. Seek tech support to follow the Policy threadbare.

If you face a stumble block or see a leakage or trap in your digital footprints, it makes sense to pause, if even for a moment, to make sure we're doing all we can to protect our institutional data integrity. The tech world is evolving even while we are reading this. It is a challenge to keep up with the latest advances. But a little bit of interest towards keeping oneself updates makes a lot of difference. It's a challenge, but it's not beyond our reach.

Kaleidoscope

STAY CONNECTED POSITIVELY

Dr. Sandhya Pillai
HoD, Department of Physics, CCET, Bhilai

When I started penning down my thoughts for the Kaleidoscope this time, a couple of questions sprung up in my mind. Is social media as bad as it is projected to be? Can we think of the brighter side of these platforms for communication? I think so. The negative impact of social media on students and teenagers are widely discussed and children are time and again discouraged and prohibited to use it. However, we need to accept that these social media platforms also help to empower students and equip them to gel well with this new technology driven society.

As humans we are inclined to things that we would take pleasure in. It can be food, friends, fame to mention a few. However, social media gives us another pleasure -the pleasure of being approved.The virtual communities make us feel connected and supported. Particularly, there are kids who are introverts and nervous about being their true selves in their schools or homes. These children very often hesitate to discuss their innate thoughts and fears with their family and friends, but they tend to find a strong connect with their contacts on social media and enjoy the company of these virtual friends. Slowly, their social confidence grows positively and they are able to interact better in person. Facebook and Instagram also help kids to connect with more family members, share photos and videos with them, and keep in touch. Family groups and interactions bring them closer to their relatives who they would not perhaps meet for years together.

Teenagersalso have the habit of posting inspirational quotes or images, and follow people who do similar things. There are children who love to watch and post videos on wild life and interesting adventures of people in the wilderness. These activities can inspire and prepare them to face tough situations, provided, they don't venture to do those acts themselves. CovidLife must have been tough for children learning to live with masks, sanitisers, online learning and more than anything, being confined to the four walls of their homes. Stress busters like dance videos, making and sharing non offensive but humorous memes and short videos can make them feel relaxed and happy. These small indulgences are good enough to just make them laugh, keeping them mentally healthy and fit.Another positive side I feel is that, students can use their social media profiles to showcase their school projects, discuss about their favourite sports and nurture their hobbies with like-minded friends.They can share their creative ideas with a neutral audience and get an honest response. A budding photographer or videographer can start by posting their best shots on social media. Likewise, a young writer can share his or her poetry/ stories. Social

media can thus be a powerful medium for students to highlight their passions and get feedback. The response can equip them to fine tune their skills if they are seriously interested to pursue that skill professionally.

Social media can also give teens a chance of making an impact in the community with just one click away. It can give them exposure to certain essential issues not only in their community but also in the entire world. I know a few young boys and girls who are very enthusiastically joining philanthropic groups and NGO's to help and support people all over the world for fighting a cause, be it environmental issues, empowering girl child, fighting poverty and hunger, and many more. Children are also keeping themselves updated about current affairs and the recent happenings in the world, political and otherwise through social media.The impact of the world events is more prominent and long lasting in their minds compared to perhaps watching news on television or glancing through the newspaper. Many kids also share their views, insights, thoughts, and feelings about these matters through more entertaining means like funny memes, or impactful photographs.

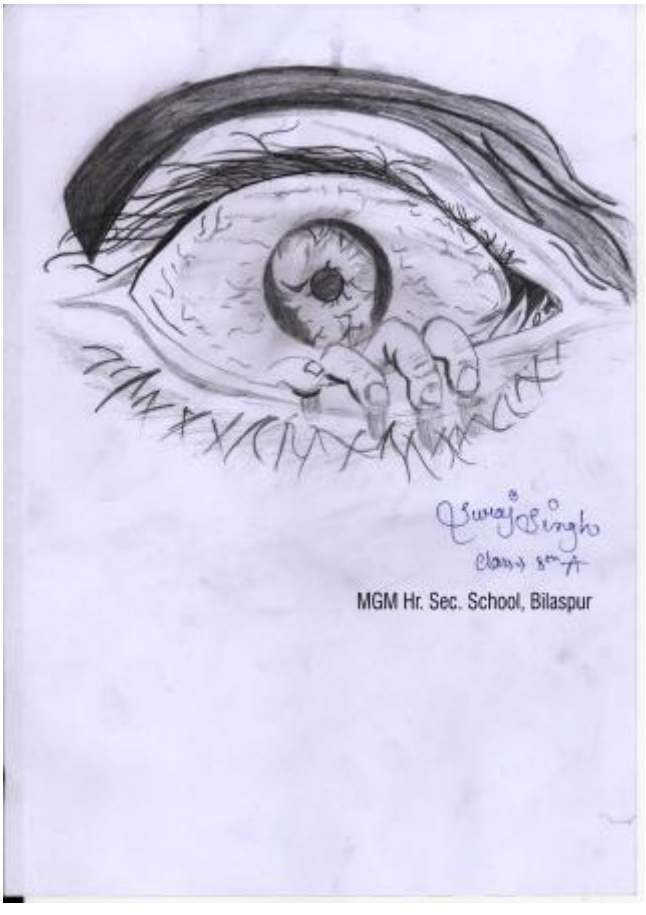
These days, using social media to learn more about different cultures and people is attracting many youngsters. For example, if they are looking for more information on North- East India and their culture, they can do a quick Facebook search to look for people who live there.He or she can join Facebook groups, such as “Teens from a specific city” or similar ones. Frequent interactions with children from that city can help them to learn and understand more about those places, maybe even more than what they would remember and recollect from their textbooks. Social media also allows students to venture into networking digitally. They can build a rapport with experts in areas of their interest bycommenting on others posts on LinkedIn and responding to tweets. They can also make productive use of these tools to conduct research and ask questions to experts.In this manner, they can express themselves, share their work, and get feedback and encouragement. In-person networking is not normally done while in school or college, but these platforms can help children make baby steps on to their career ladder much earlier in life. Social media can sometimes be a wonderful medium to share information. Kids can form study groups and through group chats, they can share information online and assist one another. When a child misses school, these groups can come handy in getting notes and other study materials given to them in school on the days he was absent.

I have seen that these platforms can also help build beautiful interpersonal relationships within the family. Teens,these days are able to connect better with the older generation by teaching their parents and grandparents toset up their social media

accounts to stay connected.The children feel a sense of achievement by teaching new technology to their elders,while the older group feels gratified being closer not only to their grandchildren but to people and friends they may not have communicated with since ages.

But all said and done, excessive indulgence in social media is detrimental to a child's personal development. As Dr. Catherine Steiner-Adair, a clinical psychologist and author of 'The Big Disconnect' has rightly said, “Technology can give our children more information than we can, but it doesn't have our values”. Limiting the amount of time spent by children in front of the computers and phones is absolutely essential.Moreover, these moments of 'disconnection from technology' strengthens the parent-child bond and makes kids feel more loved and secure.

My advice to my young friends reading this is that, if you wish to reap the benefits of social media, be selective about what activities you are engaged through it and who you choose to follow. Connect yourselfwith high-quality and well-rooted accounts instead of using this medium only for chatting, texting or any unethical acts. Then, social media will prove to be an endless resource of opportunities for you.



I, Mi n U

STUDENTS & SOCIAL MEDIA

Fr. Dr. Joshi Varghese
Diocesan Education Officer

WHAT IS SOCIAL MEDIA?

Man is known as a social animal. Generally man tends to live in relation with other human beings. Words, gestures, signs etc. are used by man to communicate with other members of the society. Developments in technology like telephone, internet etc. has solved man's quest to communicate with those who are far away from them. A computer or mobile based application or tool that helps us to communicate with others is known as Social Media. Social Media platforms such as Facebook, WhatsApp, Instagram, Twitter, TikTok, Youtube etc. have become much popular and are used to share ideas and data. Through social media we can share texts, audio clips, pictures and videos.

USES OF SOCIAL MEDIA

Social media came handy during the devastating Kerala Floods (August 2018). Facebook and WhatsApp were used with Google maps to locate the stranded people and to coordinate the rescue operations. Sometimes social media is used to pool help for the needy ones. There are also instances in which people have used social media to create awareness about social issues.

During the lockdown period, which was caused by COVID-19, the popularity of Social Media was positively used for online learning. It seemed to be ironic that Social Media which was till then used to be blamed for hindering the studies was being used for learning purposes. Some other benefits of social media are given below:

a. We can be in touch with our friends or relatives who may be anywhere in the world.

b. Groups for friends or likeminded people can be formed irrespective of their location.

c. Social media have made access to news more speedy and easy.

d. Inspirational, educational , devotional and entertaining messages and videos can be shared.

NOW TAKE COUPLE OF MINUTES AND ANSWER THE FOLLOWING QUESTIONS

WHO IS THE WINNER? SOCIAL MEDIA OR YOU

a. Do you spend a lot of time thinking about social media or planning to use social media? **Yes/ No**

b. Do you feel urges to use social media more and more? **Yes/ No**

c. Do you use social media to forget about personal problems? **Yes/ No**

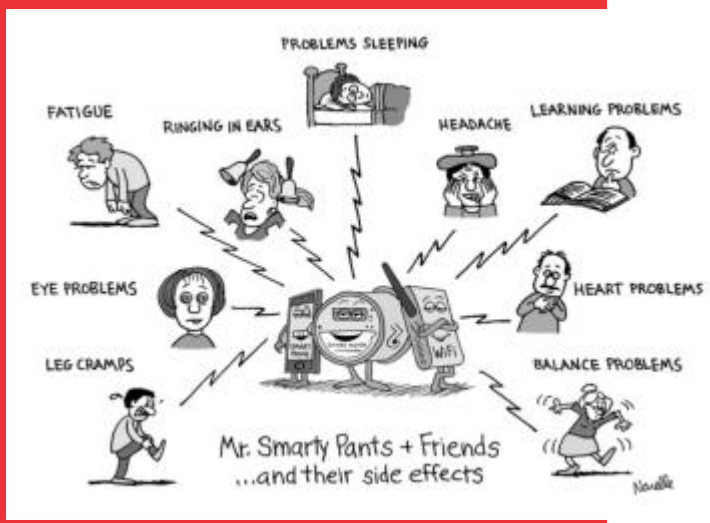
d. Do you often try to reduce your use of social media without success? **Yes/ No**

e. Do you become restless or troubled if you are unable to use social media? **Yes/ No**

f. Do you use social media so much that it has had a negative impact on your studies? **Yes/ No**

*** IF MOST OF YOUR ANSWERS ARE YES, THEN BEWARE, YOU ARE GETTING ADDICTED TO SOCIAL MEDIA.

EFFECTS OF SOCIAL MEDIA



I, Mi n U: Though Social Media helps people to connect to each other it has a flip side. The warmth of real friendship that existed is being lost out in the frenzy of virtual friendship. In spite of having thousands of virtual friends (Facebook etc.), students complain about being lonely. They lose real 'connectivity of friendship' in the sea of virtual friendship. This happens as the emphasis is mostly on 'I' and 'Mi' (Me), and 'U' (you) exists only to 'like' and 'share' my posts on Social Media.

Time waster: An increased usage of social media results in wastage of precious time. Recent studies have shown that teenagers spend many hours on Social media. Most of these activities benefit no one. The valuable time which may be spend with family and friends or for studies and hobbies are lost.

Invasion of Privacy: Social Media apps leak personal data and identifying information about users to third parties such as advertising companies without the user's consent. We come across reports that personal details of millions of people are leaked out or hacked from social media sites such as Facebook.

Cyber bullying & trolling: Some people use social media to send rude or offensive messages to hurt or demean you. IMAGES

Stealing of personal details: In order to have more virtual friends, we often accept friend requests from strangers. There have been instances when criminals lure people to share their personal pictures or bank details and blackmail them.

Cyber Addiction: Many people start using Social Media to 'connect' with their friends and relatives. But gradually they become obsessed with social media/ internet. They get addicted and end up spending lot of time on the internet.

Fake news : Social media acts as a platform to spread false or half-true news as people forward/ share such fake news without verifying its authenticity. People and organisations make fake news for monetary gains (eg. false advertising) or political propaganda.

Health issues: Many teenagers are sleep deprived due to their over usage of Social media. (SEE FIG.1) This in turn affects their concentration and even health. Text neck is another health issue found in those who frequently use mobile phones/ laptops. (SEE FIG.2)

(Fig : 1)

(Fig : 2)

BECOMING A GOOD CITIZEN MEANS BEING A GOOD CONSUMER

Fr. Varghese P Joshua
Principal, MGM Mission School, Patna

Wow Papa! 200 likes and 9 shares, Roshan told his Papa. His Papa replied, Wow! fantastic.

This is the common conversation that is happening in many families. Many people think that Social Media is known as Facebook, WhatsApp, Twitter and Instagram. Most of the parents are not well aware about many of the Social Media platform, but knowingly or unknowingly our new-borns are well versed in using the gadgets. It'sbecause when they enter this world of media, they are welcomed with photo clicks rather than their parent's faces.

What is Social Media?In the oldendays, people have strong bondage with their family even if they don't have physical presence. But now a day lots of online websitesare vibrant in connecting people but they don't have deep love and affection. Earlier, people sat together and shared their problems but now we find people sitting alone with their non-living object that does not have any feeling i.e., none other than gadgets, that make you know the whole world on single touch. Here, parents and teachers should take responsibilities to give awareness about the value of life system and connection with the social media.

In this article I am trying to state some merits and demerits of social media for our youngsters. But the benefits of the social media depends on how we indulge with it. Studentsshould takeproper advice fromtheir parents and teachers as theycan guide you with effective usage of social media.

ENHANCEMENT OF ACADEMIC PERFORMANCE

One of the most important values of the social media is to enhance the academic performance. It increases the student's knowledge through data and information gathering. The students are getting wider knowledge in just one click on each and every subject in which you like to aspire. Some social media such as Wikipedia and blogs encourages investigative and collaborative activities among students. This opens access for active participation and can therefore create opportunities for effective learning.It also increases the quality of perceived interaction amongst students and teachers.

PLATFORM FOR CREATIVE EXPRESSION

Few years back students were scared to come forward and show their creativity in public and also they did not get the correct platform for showcase their talents. But now the situation has changed, social media is a creative platform for students to express their inborn talents to the society. Social media helps students to share their thoughts without any fear. Platforms like YouTube channel, blog, Instagram, Facebook etc., will identify the student's talent and give them opportunities for their future life. Social media has become an easy platform to upload and showcase your talent to the world where they can receive positive comments and links for approaching high level.

MARKET OF EMPLOYMENT OPPORTUNITIES

Social media gives plenty of opportunities for a living as per your calibre. Before the arrival of social media network, students struggled to get a job or internship. But now the situation has changed, they just need to register their resume into job portals like LinkedIn, Naukri, Indeed, Shine, Devendradora etc, where they will easily get a job opportunity according to their qualification and talents. Social media gives great opportunities for the small entrepreneur's to invest their ideas like software development, finding faults in the programme, developing ERPs etc., One of the great example is Facebook. It was a small start-up by Mr. Mark Zucker berg which he started at age of 23.

For everything there are two phases. So far social media is concerned, it has positives and negatives, but it all depends on how we accept it.

Social media has some of the most incredible potential; it can connect people, it can create support groups for those in need, it can provide a platform for those who serve without a voice to gain one–from the endless possibilities. Recent studies show that 90% student community is addicted to social media platform. This type of community will faces different type of psychological disorders. Here I would like to share some of the problems which our student community go through:

1.1 Depression is exclusive

One of the most valuable demerit that society has embedded from

social media is depression. As Mr. Caroline Miller, the editorial director of the Child Mind Institute says that evidence is mounting that there is a link between social media use and depression. In two national surveys of U.S. conducted in 2018 shows that a massive development sees on suicide deaths and adolescent depressive systems in age group of 13 to 18, especially among females. Adolescents who spent more time in social media were more likely to report mental health issues.

1.2 Perceiving the social isolation

Now days society is facing most dangerous situation ie., isolation among students. It reflects the perception which is not social but causes isolation among teens. But social media possibly has the effect of masking isolation tendencies and depression in the human feelings. The students are getting so engrossed in social media that they are getting isolated from the real lives, because of which they cannot show commitment to anything. Mr. Alexandra Hamlet, a clinical psychologist says that “the less you are connected with human beings in a deep, empathic way, the less you are really getting the benefits of a social interaction”. Students usually stay away from family, friends and society which is a side effect of excessive usage of social media. A new study by the University of Pittsburgh in Pennsylvania found that teens they use social media heavily for more than 3 times likely to feel socially isolated. This can feel even more alone than before, leading lower confidence and less motivation to engage in social interactions.

1.3 Loss of Self-Esteem

Human beings are created in the image and likeness of God. So every child has their own talent and uniqueness. First of all the role of a student in his life is to realize his/her call and commitment for the development of their own personality. So if Self-esteem is the prime factor in your child's life, the parents should feel proud on every work and decisions that they have made for their child. But nowadays the students have lost their self esteem because of social media. They have started generating copy paste format and wait for the highest likes and viewers. They compare themselves negatively with artfully created images of those who appear to be prettier, thinner, more popular and richer. Some students blindly following celebrities. Itwill leadto anxiety, depression and worries about their body and will create a life of low self-esteem.

1.4 Concentration Vs Intelligent caution

The success of a student's life is linked with his/her concentration. Concentration is the prime act in education. But it is becoming common for teenagers to engage with friends on social media at the same time they are studying. They take pride in being able to create an image of multi tasker, but the evidence shows that it cuts down on learning and performance level. In 2005, research carried out by Dr Glenn Wilson at London's Institute of Psychiatry found that persistent interruptions and distractions at work had a profound effect. Those distracted by emails, WhatsApp, Facebook and phone calls saw a 10-point fall in their IQ level. Constant interruptions can have the same effect as the loss of a night's sleep and achieve concentration on one particular work.

1.5 Tinnitus in Pop Culture

Tinnitus is a hearing ailment that affects over 35 million people in the world. It's impossible to walk down the street in any city around the world without seeing at least one person with their ear buds in, listening to music or on calls. However recent studies have begun to look into the effects with the listening habits that have focused on hearing thresholds. Tinnitus is becoming more prevalent in teenagers and students. A study of students in Sao Paulo, Brazil, found that more than 50 percent of 170 students between the ages of 11 and 17 reported symptoms of tinnitus. One thing nearly all the students in this study had in common was risky listening habits, such as listening music from other social media platform in high volumes with headphones, or attending parties with loud music will create a nature of aggressive behaviour among all groups of children. Secondly the students try to stretch inward from the society. They are least concerned about their surroundings. This habit protects social commitments from the students.

In short, the more we use Social Media, the less we think about being a human with positive behaviour and feelings. “Is social media for good or bad?” still this is a debatable topic among many. But it is not about being good or bad, but how we accept it: positively or negatively. Everyday science is developing along with the perception of human beings. Once again I request all my studentsto change your perception and attitudetowards social media. See the good things on social media, use it and create itto becomeauseful citizen for the nation.It is important to grow as a good citizen means to become a good utilize or consumer.

MGM Hr. Sec. School, Bilaspur

EFFECTS OF SOCIAL MEDIA ON STUDENTS LIFE

Jiya Jaiswal
Class 7th, MGM Bilaspur

Today's world is a Global village. Everyone is connected to one another in this way network generated by the Internet.

It illuminates the lives of thousands of people by spreading knowledge internationally, thereby making us global citizens.

Teenagers or students across the world may believe that social media has a positive impact on their lives because it makes communication with friends quick and easy. However, it takes away meaningful relationships. Now, people prefer communicating through the touch of their fingertips, and not face to face interaction, which is much less meaningful. You might also think that social media allows you to make new friends but in reality you may never know who is behind that computer screen.

Social media has a damaging effect on the lives of students since it can negatively affect relationship with others, cause them to be inattentive and can get cyber bullied. Students will always have the choice of how well they do in school. They are in control of their own grades and what they want to retain. Having the perfect balance between a social media network and school work can be achieved through self discipline and suitable scheduling.

Social media is not a bad thing but it's your choice. Whether you use it or let it use you.

IMPACT OF SOCIAL MEDIA ON YOUTH

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Students spend a lot of time on social media, on phones or laptops updating statuses, posting pictures, liking things, and messaging back and forth with friends. To be honest, this tendency seenin all age groups at the present times. But students, I am sure your parents and elders have huge concern about how social media can negatively affect our academics and mental health. This causes tremendous friction among parents and their children. A study by the Royal Society of Public Health and the Young Health Movement explored how social media platforms affect mental health and wellbeing when looking at things like quality and amount of sleep, feelings of loneliness, bullying, fear of missing out (FOMO), anxiety, and depression. Both positive and negative outcomes were found in these areas.Some crucial points are discussed below.

SOCIAL MEDIA AS A POSITIVE FORCE IN MENTAL HEALTH

It was found social media can be extremely beneficial in several ways, for example, allowing for self-expression, communicating with long-distance friends, self-identity, emotional support, maintaining relationships with people and community building. What often gets lost in the conversation around social media and mental health is the positive impact that online connection and technology can have on a person's wellbeing. The positive impacts of social media on the youth today include making them up to date on the events happening around the globe and also enable them to stay connected with their fellow youths and friends without physical meetings. It bridges the gap between friends since a person say in India can network and interact with his or her friend in the Singapore.

With any activity, it is always best to use social media in moderation and make sure it does not take over other areas of your life. Let us discuss on the ways social media can help to improve your wellbeing:

Connection with other people

Whether you have family overseas, a friend who moved away, or you just want to talk to someone who lives down the street, social media allows us to connect with other people. Our phones and devices are now important parts of our social lives. Apps like Instagram, Snapchatand Facebook Messenger help us to keep in contact with our friend groups and keep up to date with what's going on. Spending time with people offline is an important part of building connections with others, and these offline connections shouldn't be replaced completely by social media, but that doesn't mean the time you have spent talking online doesn't count - it does. It's also very important for our wellbeing. This e-connectivity with family and friends have been a major crutch that we all have adopted when locked inside our homes during this pandemic.

Feeling accepted

No man is an inland. He cannot survive in isolation. It can be difficult to feel you cannot connect with those around you. It can also feel very lonely. Social media gives you the opportunity to find other people like you. It allows you to join communities of people who have similar experiences and similar interests. Hobby groups help in exchanging what other are doing. Sharing interest with others can be very helpful for mental wellbeing. Internet can be a space where you can find people who accept you for who you are, and can give you a sense of belonging and feeling accepted.

Expressing creativity online

Social media sites such as Instagram and YouTube offer a space where you can express your creativity online. Whether you are interested in art, drama, singing, dancing, writing, or other kinds of activities, you can share what you're doing online, provide progress updates, and find a community of people who can support you in what you're doing. It's also a great place to get inspiration and motivation to keep going.

Be entertained

One of the reasons we spend so much time on social media is because it can be fun. Social media provides entertainment when we're bored, something to do when we are commuting or waiting around, and funny videos to share with friends. Apps like YouTube give us hours of entertainment and it can be a great way to de-stress and relax too, which can also be positive for your mental health and wellbeing.

SOCIAL MEDIA AS A NEGATIVE FORCE ON MENTAL HEALTH

Social media can get a lot of negative attention. There are a number of studies that look at the relationship between social media and mental health and whether or not it has a negative impact, and there are concerns that social media can lead to negative feelings like depression or anxiety, feeling lonely or left out, losing sleep, or having negative experiences like cyber bullying.

Experts say school students are growing up with more anxiety and less self-esteem.

Always remember what you put on social media stays on social media and if it is something that you would not normally say aloud to a person in real life then it is probably not a good idea to say it online either.

Cyber bullying and the imposter syndrome

One big danger that comes from kids communicating more indirectly through social media is that it can be very misleading and cruel. Children text all sorts of things that they would never contemplate saying directly to anyone on their face. Peer acceptance is a big thing for adolescents, and many of them care about their image. Adolescents have always been doing this, but with the advent of social media they are faced with more opportunities and more trapsthan ever before. We give wrong personal identity and track others. Boys make a fake identity of a girl and befriend others or vice versa. It is similar to the 'imposter syndrome' in psychology. Cyber blackmailing has become rampant. In a long-distance relationship many give their private information and share videos and photos. These are later used as tools to blackmail. Students please be very cautious when you share some information with your friends.

Stalking

Another big change that has come with new technology and especially smart phones is that we are never really alone. Children update their status, share what they're watching, listening to, and reading, and have apps that let their friends know their specific location on a map at all times. Even if a person isn't trying to keep his friends updated, he's still never out of reach of a text message. The result is that kids feel hyperconnected with each other. The conversation never needs to stop, and it feels like there's always something new happening.

It's also surprisingly easy to feel lonely in the middle of all that hyper connection. For one thing, a child now knows with depressing certainty when he is being ignored. Message not responded immediately leads to feeling ignored. We all have phones and we all respond to things pretty quickly, so when you're waiting for a response that doesn't come, the silence can be deafening. That person starts finding out through facebook or Instagram where the friend is and with whom. Mind is never at rest. It starts stalking others.

Downfall in academic grades

Holding a gadget in the hand all the time, checking for updates every few minutes and sleeping with cell phone next to the pillow is nothing but obsessive-compulsive behavior. Our mind is never free to concentrate long on other things. The result is we are not able to focus on our studies. Needless to say, the repercussion can be seen in the school grades. If today we ask the parents of all school students whether they feel the social media has impacted the grades of their wards, most will give an affirmative response. Few focused and intelligent students are able to balance these factors.

ROLE OF CAREGIVERS

The best thing parents can do to minimize the negativity associated with social media is to curtail their own consumption first. It is up to parents to set a good example of what healthy computer usage looks like. Most of us check our phones or our email too much, out of either real interest or nervous habit. Children should look at other family members and show emotions and communicate but it is seen that mostly they have their our heads bent over a screen. Establish technology-free zones in the house and technology-free hours when no one uses the phone, including parents and elders. In the morning, get up a half hour earlier than your children and check your email then. Give them your full attention until they're out the door.

Catherine Steiner-Adair a clinical psychologist and school consultant has given some very relevant insights. She says"It is the mini-moments of disconnection, when parents are too focused on their own devices and screens, that dilute the parent-child relationship." She further says "Tech can give your children more information that you can, and it doesn't have your values. It won't be sensitive to your child's personality, and it won't answer his question in a developmentally appropriate way."

If you feel social media is having a negative impact or affecting your life, or you are experiencing feelings of depression or anxiety, it is a good idea to talk to someone about what is going on. Go to a friend, a parent, a family member, or someone in your school or college and let them know what is happening and how it makes you feel. A doctor may be able to help you if you are struggling with sleep.

Seeing a counsellor can give you a space to talk about what is going on and help you to manage the situation, whether you are experiencing depression or anxiety, cyberbullying, struggling with your body image, or you are just having a hard time. Many students want to get out of the compulsive behavior but fail to do. A counsellor will hold your hand and guide you and break the mental chain that you are entangled with.

ASK THE COUNSELLOR

Students as well as the parents are invited to send their queries related with any mental health issue to **mgmdarpan@gmail.com**

INFLUENCE OF SOCIAL MEDIA ON ACADEMIC PERFORMANCE OF STUDENTS

Dr. Vinita Thomas
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The world is today celebrating the improvements in communication technology which has broadened the scope of communication through Information and Communication Technologies (ICTs). Modern Technology in communication no doubt has turned the entire world into a "Global village". But as it is, technology like two sides of a coin, bring with it both negative and positive sides. It helps people to be better informed, enlightened, and keeping abreast with world developments. Technology exposes mankind to a better way of doing things.

Social networking sites include: Twitter, Yahoo Messenger, Facebook Messenger, Blackberry Messenger (BBM), what's app messenger, 2go messenger, Skype, Google talk, Google Messenger, iPhone and Androids. These networking sites are used by most people to interact with old and new friends, physical or internet friends.

The world has been changed rapidly by the evolution of technology; this has resulted into the use of technology as the best medium to explore the wide area of knowledge. The evolution of internet technology has led to its use as the best medium for communication. Whereby, two-third of the world's internet population visits social networking or blogging sites, thus serving as a communication and connection tool. Social networking sites (SNSs) are online Communities of Internet users who want to communicate with other users about areas of mutual interest, whether from a personal, business or academic perspective.

The millions of social networking sites have transformed the thought of global village into a reality whereby billions of people communicate through social networking sites. Numerous benefits have been obtained through distant communication through the use of social networking sites.

Academic excellence or achievement plays an important role in an individual placement, be it in the academic institutions or job placement. Due to this, many people are concerned with the ways they can enhance their academic achievement. The emphasis on academic excellence which is also prevalent worldwide has encouraged many studies about the conditions promoting it. The role of academic achievement as one of the predictors of one's life success and also in the aspect of academic placement in schools to higher institutions as well as the level of employability in one's career is inevitable.

A direct relationship exists between Social media usage and the academic performance of students in universities. However the darker side within technological evolution has resulted in dilemmas such as the setback of real values of life especially among students who form the majority of users interacting through the use of social networking sites. Online social networking sites focus on building and reflecting social associations among people who share interests and or activities. With so many social networking sites displayed on the internet, students are tempted to abandon their homework and reading times in preference for chatting online with friends. Many students are now addicted to the online rave of the moment, with Facebook, Twitter etc. Today most youths and students possess Facebook accounts. The reason most of them perform badly in school might not be far- fetched. While many minds might be quick to blame the poor quality of teachers, they might have to think even harder, if they have not heard of the Facebook frenzy noted that these days' students are so engrossed in the social media that they are almost 24 hours online. Social networking sites although have been recognized as an important resource for education today, studies however show that students use social networking sites such as Facebook for fun, to kill time, to meet existing friends or to make new ones.

Although it has been put forward that students spends much time on participating in social networking activities, with many students blaming the various social networking sites for their steady decrease in grade point averages, it also shows that only few students are aware of the academic and professional networking opportunities the sites offered.

The advanced and improved usage of social media platforms such as Facebook has become a worldwide phenomenon for quite some time. Though it all started has been a hobby for several computer literates individual has changed to become a social norm and existence-style for students around the, students and teenagers have especially recognized these social media platforms to be able to contact their peers, share information, reinvent their personas and showcase their social live. Facebook users often experience poor academic performance.

Social media has a negative association with students' academic performance which is much greater than the advantages derived through the use of social media platforms. People around the globe have been addicted to the internet which has given rise to more students using social media more often than before. Those who are addicted users love to use the internet to set back their personal and professional responsibilities in which the final outcome is poor academic performance. Social media platforms (Facebook, what'sapp etc.) users usually devote less time to their studies as compared to nonusers did and subsequently has lower GPAs. Among the major distraction of current generation that social media platform (such Facebook, What's app etc.) remains a major distractions. There is a correlation between academic performance and the dependency on social media platforms. Researchers have conducted different studies to find out the influence of social platforms users, for instance a study on "impact of Facebook on undergraduates academic performance", stated that social platforms have negative impact on students.

Social information processing theory is an interpersonal communication theory which suggests that online interpersonal relationship development might require more time to develop than face-to-face relationships, but when developed, it has the same influence as face-to-face communication. This means, the more students use social media, the more they influence their disposition to studies, given the fact that friends from social media will begin to exert influence on each other.

The world today is a global market in which the internet is the most important sort of information. Since the advent of social media sites in the 1990s, it is assumed in some quarters that the academic performance of students is facing a lot of neglect and challenges. The educational system in Nigeria is faced with so many challenges which have certainly brought about a rapidly decline in the quality of education. There is a deviation, distraction and divided attention between social networking activities and their academic work. It is observed that students devote more attention to social media than they do to their studies. Students' addictiveness to social networks, students' frequency of exposure to social network, social media network that the students are more exposed to and the influence of social media as a medium of interaction between students has been part of discussion in recent times and which have imparted on their academic performance. Instead of students reading their books, they spend their time chatting and making friends via the social media and this might definitely have influence on their academic performance, because when you do not read, there is no way you can perform well academically. It is a common sight to see a student chatting in sensitive and highly organized places like church, mosque and lecture venues. Some are so carried away that even as they are walking along the highway, they keep chatting. The manufacturing and distribution of equally sophisticated cellular phones has complicated the situation, as students no longer need to visit a cybercafé before they send and receive messages. Attention has been shifted from visible to invisible friends, while important ventures like study and writing might be affected in the process. This phenomenon has become a source of worry to many who believe in knowledge and skill acquisition. In recent times social media have been a major stay in the minds of students and the world at large thereby causing a lot of drastic measure by students, teacher and even educational administrators at large. It is therefore of great importance to explore some of the trending issues facing students' academic performance as a result of social media. Students at all levels of learning now have divided attention to studies, as a result of available opportunities to be harnessed from social media. Whether these opportunities promote studies is a question that needs to be answered. 1.3

Social media plays an important role in every student's life. It is often easier and more convenient to access information, provide information and communicate via social media. Tutors and students can be connected to each other and can make good use of these platforms for the benefit of their learning and teaching.

However, in some cases it affects negatively: The more time the students spend on these social media sites, the less time they will spend socializing in person with others. This reduces their communication skills. They will not be able to communicate and socialize effectively in person with others.

It is true that media is playing an outstanding role in strengthening the society. Its duty is to inform, educate and entertain the people. It helps us to know current situation around the world. ... Media comes in different forms and each form affects the way students learn and interpret information.

READ. LIKE. SHARE.

Mrs. Sadaf Noori
Teacher, MGM Hr. Sec. School, Bokaro

"Mom! I have a stomachache."
'Sure. What else do you expect after staying glued to your phone all day.'
"Mom! I can't find my socks!"
'Why don't you ask your friends on Facebook where your socks are!'

This was the normal dialogue exchange in my household during my student days. Something tells me, the scenario hasn't changed much. (After all, all mothers get trained in the same club, so the dialogues hardly vary.)

There was a time when libraries were temples for students. Be it looking for sample question papers or reference books or research work- libraries had the answer to all. With the advent of the optic fibre era, the world put on its running shoes and now there's no stopping it. One click and you can now view even the oldest of manuscripts.

In case you were living under the rock, here's some truth bombs for you. Internet is cheap. Mobile phones are handy. Social media is overpopulated, majority of which consists of students. Digital renaissance is a thing. And yes, FOMO is real.

Eklavya gave his thumb to Guru Dronacharya. Millennial students have given theirs to social media. Making new friends- scrolling the newsfeed- liking posts- commenting- reacting with emojis- laughing at a good meme- LOLing- sharing- forwarding… and just when you think you are all caught up…boom! New content pops up and you get busy repeating the vicious cycle (2.5 quintillion bytes of data gets added to the internet every single day. Go figure!) Spending time on your social media account is like tackling a very subtle hydra-headed monster. You finish through one link and two other links take its place. You started with reading about how leather made from the cactus plant can prevent animal cruelty and before you know it, you are hooked and smitten by some rather silly video of kittens in mittens.

'5 more minutes and I'll sign off', is a blatant lie we tell ourselves every 5 minutes. I don't blame you. I understand what relief it is to discuss the important chapters with your friends on WhatsApp. I also understand the satisfaction behind your update, 'is feeling stressed about exams- with 30 others'. I can also feel your hope behind sharing Sai Baba's pictures within 5 seconds for good luck during exams. However, take note : social media is much bigger than this.

In contemporary times, social media has emerged as an extremely powerful weapon. It is an agent for radical changes. The world of social media is a Goliath platform. A world with a voice of its own. A world where one tweet or post can have multiple repercussions. Being students, one has to stay away from the spurious and the damaging, and dwell on what enhances and enables. You must have heard this umpteen times, but let me reiterate, the onus to correct the wrong lies on your shoulders. The world needs your goodness more than ever. Use the social media to multiply love and kindness. Use it to make this world a better place. Use it to your strength.

Remember the filters you put on your selfie to make it look better? Use some filters on social media to sieve out the good content from the bad and you're good to go. #BeJudicious #Toodles

SOCIAL MEDIA AND STUDENTS

THE BOONS AND BANES

Divya Raj
MGM Hr. Sec. School, Bokaro Steel City

Hey! What's up? This is a common question we ask on social media. Now a day, students using social media is very general. Many students have their own smart phones and they chat a lot among their friends. Often they are seen chatting the whole day. They are unaware of the happenings of their neighborhood or even their homes. They are lost to their own world.

Chatting online on social media is a type of communication. Communication is both helpful and harmful. Here, I am not talking about general communication but the activeness of students on social media.

THE GOOD POINTS

- It helps to build strong friendships.
- One can send and receive notes faster and efficiently.
- One can talk to a friend instantly in case of urgent need.
- For most of students, it is a good time pass.

THE NEGATIVE POINTS

- It can develop mental stress in students due to trolling online.
- We cannot express our feelings just on chatting.
- Watching a lot of phone, PC or tablet (chatting on the devices) can harm our eyes.
- A study shows that chatting a lot online leads to memory loss, brain diseases and in future, can lead to Alzheimer's disease.

THE IMPACT OF SOCIAL MEDIA

Porinita Sensharma
Class 8, MGM Hr. Sec. School, Dhanpuri

The impact of social websites can be good on students but if we have a closure look on the real impact of social networks. Today it is running the future and career of students. The social networking websites like – facebook, twitter, instagram, watsapp etc. are continuously distracting students from their studies or objects. The main focus of students should be education but unfortunately today students are emphasizing on these such sites which can be a complete wastage of time. Social networks are only an electronic connection between users but it has become an addiction for students, teenagers and even adults. This presentation impact of social networks on education, students and impact on life of teenagers, further it describes how social networking websites are dangerous for the youth and teenagers. Everything in this world is made or created with two phases. One is good and the other one is bad. For example Einstein's theory on atomic energy is created not to make atom bombs and for destruction but to utilize the energy for human welfare but unfortunately it is also used for making distractive weapons. Same is the use of social media. Matter is the way of using these media. To use these media for fruitful cause we need to learn the goods and bads of the same. We as a student can learn the proper use of this under the supervision of one whom we trust.

Saumya Dheeraj
Class 7th, MGM Hr. Sec. School, Bilaspur

All Chhattisgarh Christian Educational Societies Association (ACCES) Meeting Held On 20th Jan 2021 at CCET, Bhilai.

Legal literacy Club Dimapur conducted extempore speech competition on the topic "Fundamental duties of Indian Constitution". Winners Paskal Rai, Bolem and Leah Nugullie were felicitated with cash prizes.

MGM College organises webinar on the role and functions of UGC, NCERT & NAAC

VI Mar Theodosius Memorial MGM Fest

The 6th edition of Mar Theodosius Memorial Inter School MGM Fest held from 9th December to 19th December 2020 as a virtual / online competition amid the restrictions due to the ongoing pandemic..In this inter school cultural Literary Fiesta about 800 students from 23 schools under the MGM group of institutions participated in the various events in Sub- Junior, Junior and Senior Categories.. The Fest which was hosted by Christian College of Engineering and Technology (CCET), Bhilai was held through virtual mode successfully. A glittering opening and valedictory ceremonies were also was telecasted live.

The Fest started with the prayer song by the students of Mar Baselios Vidhya Bhavan, Bhilai followed by welcome speech by Very Rev. Father Geevarghese Ramban, secretary of Mission- education board. The Presidential address was given by H. G. Dr. Joseph Mar Dionysius Metropolitan. The chief guest of Fest Shri Tamrdhwaj Sahu, Honorable Home Minister, Government of Chhattisgarh said in his inaugural speech that right from March 2020 onwards the whole country was facing a nationwide lockdown due to Covid-19 pandemic. In this tough situation also the MGM group of institutions were continue running all their activities and were continue getting touch with students for their betterment. The MGM administration provided the opportunities to students to show their talents. These type of cultural and sports activities not only develop the personality of students but also students learn the value of discipline in their life. He congratulated once again the students, teachers and the whole team of MGM Fest. Dr. Aruna Palta, Vice Chancellor, Durg University, said that the MGM group holds the very important status in Chhattisgarh in the field of education and it is one the pioneer group of education serving the state for over 54 years. The Chief Guest for the valedictory programme was Padmashree Dr. Mamta Chandrakar. The Hon'ble Vice Chancellor of Indira Kala Sangeet Vishwavidyalaya Khairagarh. Padmashree Dr. Chandrakar congratulated the MGM Group of Schools for organizing suchliteraryand cultural Fest amidst Covid-19. His grace felicitated all the MGM schools, teachers and students for taking the initiative to motivate the students to participate

virtually in all the respective events. Welcome speech was delivered by Rev. Father Dr. Joshi Varghese, Diocesan Education Officer

A song was presented by the students of MGM Sr. Sec. School Bhilai. Students of St. Mary's Nursery school Bokaro presented prayer dance and students of Mar. Baselios Vidya Bhawan Bhilai and MGM Higher Secondary School Bokaro mesmerized the audience by their Dance Performance. Melodious Carol song was presented by students of MGM Higher Secondary school Raipur. Various Virtual Events like Dance, Song, Essay Writing, and Speech. Poem Recitation, Best out of the Waste, Coding Designing App Development, Creative Tag line and Quiz Competition were organized at Sub-Junior, Junior and senior level by the host institutions.

The Program concluded by announcing the name of the winners of various Categories of the Cultural, Literary and Creative events. Master Justin Eldos of MGM Public School, Shanti Nagar Bhilai became the individual runner up while Master K. Abhishek Sai of MGM hr. Sec. School Balco, Korba bagged the individual Championship . In the Schools category, MGM Hr. Sec. School, Gayatri Nagar, Raipur was announced as the 2nd Runner-up. In a nail biting finish MGM Sr. Sec. School, Bhilai with 59 points won the championship whereas MGM Hr. Sec. School, Boakro with 58 points was declared as Runner-up. Vote of Thanks was proposed by Rev. Fr. George C. Varughese, Executive Vice Chairman CCET College Bhilai. Very Rev. Fr. George Mathew Ramban(Secretary of Mission- Education Board), V. Rev. Fr. Thomas Ramban (Secretary, Calcutta Diocese), Fr. Jose K Varghese (Secretary, St. Thomas Mission) , Fr. Kurian John Principal (MGM Public School , Bhilai), Fr. Aju K Varghese (Treasurer, St. Thomas Mission), Dr. M. G. Roymon (Principal, St. Thomas College) and Dr. Dipali Soren (Principal, CCET Bhilai) graced the occasion with their virtual presence. Dr. Sandhya Pillai and Dr. Archana Choudhary impressively conducted the programme.

MGM College 2017-2020 toppers felicitated

Chief guest Col. Vijay Abraham, Bishop Dr. Joseph Mar Dionysius presented meritorious cash awards to

Ms. Limatula Aier, BA, Sociology, Mr. Idimchu, BA, Political Science, Ms. Kimaikeng, BA, Political Science

CONGRATULATIONS

CONGRATULATIONS

Solo Dance Winners

1

Code: SJSD18
Name: Deepshika Mohanty
Class: 5th
School: MGM Public School
Place : Shanti Nagar, Bhilai

2

Code: SJSD9
Name: Aadesh Joshi
Class: 4th
School: MGM Hr. Sec.School
Place : Bokaro

3

Code: SJSD17
Name: Bhavya Sharma
Class: 3rd B
School:MGM Public School
Place: Shanti Nagar, Bhilai

Solo Song Winners

1

Code: SJSS10
Name: Justin Eldos
Class: 3rd C
School: MGM Public School
Place : Shanti Nagar, Bhilai

2

Code: SJSS11
Name: Aditi Das
Class: 5th A
School: MGM Public School
Place: Shanti Nagar, Bhilai

3

Code: SJSS4
Name: Arya Ranjan
Class: 4th
School: MGM Hr. Sec. School
Place: Bokaro

Speech (English) Winners

1

Code: SJSE12
Name: Aron Joshi
Class: 4th C
School: MGM Public School
Place: Shanti Nagar, Bhilai

2

Code: SJSE11
Name: Justin Eldos
Class: 3rd C
School: MGM Public School
Place : Shanti Nagar, Bhilai

3

Code: SJSE13
Name: Kriti Agrawal
Class: 5th
School: MGM Hr. Sec. School
Place : Gayatri Nagar, Raipur

CONGRATULATIONS

Speech (Hindi) Winners

1

Code: SJSH23
Name: Pradgun Kaur
Class: 1st
School:MGM Sr.Sec.School
Place: Sector- 6, Bhilai

2

Code: SJSH5
Name: Aaradhya Yadav
Class: 2nd
School: MGM Hr. Sec. School
Place : Balco, Korba

3

Code: SJSH3
Name: Ananya
Class: 3rd
School: MGM Hr. Sec. School
Place : Bokaro

Essay (English) Winners

1

Code: SJEE22
Name: Prasang Kumar
Class: 5th
School: MBVB
Place : Bhilai

2

Code: SJEE8
Name: Sandhya Rani Mahanta
Class: 5th
School: MGM English School
Place : Rourkela

3

Code: SJEE10
Name: Anshika Kushwaha
Class: 4th B
School: MGM Hr. Sec. School
Place: Hathital, Jabalpur

Essay (Hindi) Winners

1

Code: SJEH9
Name: Sankalp Ukande
Class: 4th
School: MGM Hr. Sec. School
Place: Gayatri Nagar, Raipur

2

Code: SJEH15
Name: Shreyansh Singh
Class: 5th
School: MBVB
Place: Bhilai

3

Code: SJEH1
Name: Harshit Kumar Sahu
Class: 4th
School: MGM Public School
Place : Ghuru, Bilaspur

7

CONGRATULATIONS

Poem Recitation (English) Winners

1

Code: SJPE14
Name: Aditya Pillai
Class: 5th
School: MGM Hr. Sec. School
Place: Gayatri Nagar, Raipur

2

Code: SJPE3
Name: Prachi Bareth
Class: 1st
School: MGM Public School
Place: Ghuru, Bilaspur

3

Code: SJPE9
Name: Trayoshi Das
Class: 3rd
School: MGM English School
Place: Rourkela

Poem Recitation (Hindi) Winners

1

Code: SJPH28
Name: Manyata Sinha
Class: 5th
School: MGM Sr. Sec. School
Place: Sector- 6, Bhilai

2

Code: SJPH27
Name: Rishit Paul
Class: 3rd
School: MGM Sr. Sec. School
Place: Sector- 6, Bhilai

3

Code: SJPH5
Name: Ansh Singh
Class: 2nd
School: MGM Hr. Sec. School
Place: Balco, Korba

Best Out of Waste Winners

1

Code: SJBOW22
Name: Daivik Shrivastava
Class: 4th
School: MGM Sr. Sec. School
Place: Sector - 6, Bhilai

2

Code: SJBOW21
Name: Shreya Elizabeth Jijy
Class: 5th
School: MGM Sr. Sec. School
Place: Sector - 6, Bhilai

3

Code: SJBOW10
Name: Chesta Verma
Class: 4th
School: MGM Hr. Sec. School
Place: Gayatri Nagar, Raipur

10

CONGRATULATIONS

CONGRATULATIONS

Solo Dance Winners

1

Code: JSD28
Name: Bhumika Sahu
Class: 7th
School: MBVB
Place : Bhilai

2

Code: JSD10
Name: Harshita Sharma
Class: 8th
School: MGM Hr. Sec. School
Place: Bokaro

3

Code: JSD34
Name: Roshni Chetri
Class: 7th
School: St. Gregorios School
Place: Kolkata

Solo Song Winners

1

Code: JSS1
Name: Satyam Bathri
Class: 8th A
School: MGM E.M Hr. Sec. School
Place: Itarsi

2

Code: JSS18
Name: Shweta Prachand
Class: 8th
School: MGM Co-Ed Hr. Sec.School
Place: Cannan Garden, Bhopal

3

Code: JSS11
Name: Ananya Soni
Class: 8th
School:MGM Hr. Sec. School
Place: Hathital, Jabalpur

Speech (English) Winners

1

Code: JSE8
Name: Rommaan Qamar
Class: 8th
School: MGM Hr. Sec. School
Place: Bokaro

2

Code: JSE29
Name: VernikaYadav
Class: 8th
School: MGM Sr. Sec. School
Place: Sector - 6, Bhilai

3

Code: JSE7
Name: Michelle M Oommen
Class: 8th
School: MGM Hr. Sec. School
Place: Bokaro

14

CONGRATULATIONS

Speech (Hindi) Winners

1

Code: JSH7
Name: K Abhishek Sai
Class: 7th
School: MGM Hr. Sec. School
Place: Balco, Korba

2

Code: JSH22
Name: Daksh Jain
Class: 7th
School: MGM Sr. Sec. School
Place: Sector - 6, Bhilai

3

Code: JSH9
Name: Manisha Marandi
Class: 8th
School: MGM English School
Place: Rourkela

Essay (English) Winners

1

Code: JEE14
Name: Abhithraya Abhilash
Class: 7th
School: MGM Hr. Sec. School
Place: Gayatri Nagar, Raipur

2

Code: JEE25
Name: Raisa Kaniz
Class: 7th
School: St. Gregorios School
Place: Kolkata

3

Code: JEE9
Name: Bismay ranjan Sahoo
Class: 6th
School: MGM English School
Place: Rourkela

Essay (Hindi) Winners

1

Code: JEH7
Name: Neha Kashyap
Class: 7th
School: MGM Hr. Sec. School
Place: Balco, Korba

2

Code: JEH22
Name: Shreyas Srikant Ubaley
Class: 6th E
School: MGM Sr. Sec. School
Place: Sector - 6, Bhilai

3

Code: JEH8
Name: Som Thawait
Class: 7th
School: MGM Hr. Sec. School
Place: Balco, Korba

17

CONGRATULATIONS

Poem Recitation (English) Winners

1

Code: JPE18
Name: Sonakshi Jain
Class: 7th
School: MGM Hr. Sec. School
Place: Gayatri Nagar, Raipur

2

Code: JPE28
Name: Shristy Mehta
Class: 6th
School: MGM Sr. Sec. School
Place: Sector - 6, Bhilai

3

Code: JPE4
Name: Riddhi Gupta
Class: 6th
School: MGM E.M Hr. Sec. School
Place: Itarsi

Poem Recitation (Hindi) Winners

2

Code: JPH24
Name: Ichchha Tiwari
Class: 7th
School: MGM Sr. Sec. School
Place: Sector - 6, Bhilai

2

Code: JPH10
Name: Harshita Singh
Class: 7th
School: MGM Hr. Sec. School
Place: Dhanpuri

3

Code: JPH12
Name: Vannie Rathore
Class: 7th
School: MGM English School
Place : Rourkela

Poem Recitation (Hindi) Winners

1

Code: JPH7
Name: K. Abhishek Sai
Class: 7th
School: MGM Hr. Sec. School
Place: Balco, Korba

20

CONGRATULATIONS

Best Out of Waste Winners

2

Code: JBOW6
Name: Adharv Jha
Class: 7th
School: MGM Hr. Sec. School
Place: Bokaro

3

Code: JBOW15
Name: Anshu Gritlahare
Class: 8th
School: MGM Hr. Sec. School
Place: Gayatri Nagar, Raipur

3

Code: JBOW 7
Name: Divya Kumari
Class: 8th
School: MGM Hr. Sec. School
Place: Balco, Korba

Best Out of Waste Winners

1

Code: JBOW16
Name: Harshika Gritlahare
Class: 8th
School: MGM Hr. Sec. School
Place: Gayatri Nagar, Raipur

22

CONGRATULATIONS

CONGRATULATIONS

Solo Dance Winners

1

Code: SSD24
Name: Kashish Aswani
Class: 11th
School: MBVB
Place: Bhilai

2

Code: SSD25
Name: B.Chesta
Class: 11th
School: MGM Sr. Sec. School
Place: Sector - 6, Bhilai

3

Code: SSD6
Name: Astha Rani
Class: 11th
School: MGM Hr. Sec. School
Place: Bokaro

Solo Song Winners

1

Code: SSS19
Name: Lavanya Manikpuri
Class: 11th
School: MGM Hr. Sec. School
Place: Gayatri Nagar, Raipur

2

Code: SSS8
Name: Ishita Uphadhyay
Class: 10th
School: MGM Hr. Sec. School
Place: Bokaro

3

Code: SSS18
Name: Dev Pinjani
Class: 11th
School: MGM Hr. Sec. School
Place: Gayatri Nagar, Raipur

Speech (English) Winners

1

Code: SSE14
Name: Narayan Dehriya
Class: 12th
School: MGM Hr. Sec. School
Place: Hathital, Jabalpur

2

Code: SSE27
Name: Indrani Bahattarya
Class: 11th
School: MGM Sr. Sec. School
Place: Sector - 6, Bhilai

3

Code: SSE24
Name: Kritika Gaur
Class: 12th
School: MBVB
Place: Bhilai

Speech (Hindi) Winners

1

Code: SSH12
Name: Amulya Tiwari
Class: 11th B
School: MGM Hr. Sec. School
Place: Hathital, Jabalpur

2

Code: SSH 2
Name: Uday Dubey
Class: 10th
School: MGM E.M Hr. Sec. School
Place: Itarsi

3

Code: SSH 16
Name: Swasti Dubey
Class: 10th
School: MGM Hr. Sec. School
Place: Gayatri Nagar, Raipur

Essay (English) Winners

1

Code: SEE16
Name: Khushi Mishra
Class: 9th A
School:MGM Public School
Place: Shanti Nagar, Bhilai

2

Code: SEE10
Name: Saniya Naz
Class: 11th
School: MGM Hr. Sec. School
Place: Dhanpuri

3

Code: SEE 6
Name: Karan Gautam
Class: 10th
School: MGM Hr. Sec. School
Place: Bokaro

Essay (Hindi) Winners

3

Code: SEH 2
Name: Kusum Mulchandani
Class: 11th
School: MGM E.M Hr. Sec. School
Place: Itarsi

3

Code: SEH 11
Name: Ojasvi Verma
Class: 9th A
School: MGM Public School
Place: Shanti Nagar, Bhilai

Essay (Hindi) Winners

1

Code: SEH 20
Name: Sonal Yadav
Class: 9th
School: MGM Sr. Sec. School
Place: Sector - 6, Bhilai

2

Code: SEH 5
Name: Ruchi Tiwari
Class: 12th
School: MGM Hr. Sec. School
Place: Balco, Korba

2

Code: SEH 7
Name: Ashish Kumar Singh
Class: 10th A
School: MGM English School
Place: Rourkela

Poem Recitation (English) Winners

1

Code: SPE20
Name: Adhitya S Kumar
Class: 12th
School: MGM Sr. Sec. School
Place: Sector - 6, Bhilai

2

Code: SPE10
Name: Achsa Joshi
Class: 9th A
School: MGM Public School
Place: Shanti Nagar, Bhilai

3

Code: SPE2
Name: P.Ishika Rao
Class: 11th
School: MGM E.M Hr. Sec. School
Place: Itarsi

Poem Recitation (Hindi) Winners

1

Code: SPH 3
Name: Sneha Gupta
Class: 10th
School: MGM Hr. Sec. School
Place: Bokaro

2

Code: SPH10
Name: Suhani Thakur
Class: 10th
School: MGM English School
Place: Rourkela

3

Code: SPH 20
Name: Ananya Paswan
Class: 9th
School: MGM Sr. Sec. School
Place: Sector - 6, Bhilai

Coding & App Development Winners

1

Code: SCAD1
Name: Raghav Agrawal
Class: 10th
School: MGM E.M Hr. Sec. School
Place: Itarsi

2

Code: SCAD4
Name: Aditi
Class: 12th
School: MGM Hr. Sec. School
Place: Bokaro

3

Code: SCAD2
Name: Aarush Sharma
Class: 9th
School: MGM E.M Hr. Sec. School
Place: Itarsi

Best Out of Waste Winners

1

Code: SBOW6
Name: Garima Bachchan
Class: 11th
School: MGM Hr. Sec. School
Place: Bokaro

2

Code: SBOW5
Name: Sneha Jethwa
Class: 11th
School: MGM Hr. Sec. School
Place: Bokaro

3

Code: SBOW16
Name: Ruby Gritlahare
Class: 11th
School: MGM Hr. Sec. School
Place: Gayatri Nagar, Raipur

Science Model (Static) Winners

1

Code: SSM4
Name: Gayatri Jethwa
Class: 10th
School: MGM Hr. Sec. School
Place: Bokaro

2

Code: SSM11
Name: Ruby Ghritlahre
Class: 11th
School: MGM Hr. Sec. School
Place: Gayatri Nagar, Raipur

3

Code: SSM13
Name: Meghna Patel
Class: 9th
School: MGM Co-Ed Hr. Sec.School
Place: Cannan Garden, Bhopal

Logo Designing Winners

1

Code: SLD11
Name: Tanishka Soni
Class: 10th
School: MGM Hr. Sec. School
Place: Hathital, Jabalpur

2

Code: SLD9
Name: K. A Sudha Shree
Class: 10th
School: MGM English School
Place: Rourkela

3

Code: SLD4
Name: Rohit Chandani
Class: 11th
School: MGM E.M Hr. Sec. School
Place: Itarsi

Creative Tagline Winners

1

Code: SCTL19
Name: Antara Das
Class: 9th
School: MGM Sr. Sec. School
Place: Sector - 6, Bhilai

2

Code: SCTL15
Name: Shrinjana Rai
Class: 11th
School: MGM Hr. Sec. School
Place: Dimapur

3

Code: SCTL14
Name: Disha Deb
Class: 11th
School: MGM Hr. Sec. School
Place: Dimapur

Quiz Winners

3

Code: SQ15
Name: Aryan Kumar Dubey
Class: 9th
School: MGM Public School
Place: Shanti Nagar, Bhilai

3

Code: SQ16
Name: Nishchal Soni
Class: 9th
School: MGM Public School
Place: Shanti Nagar, Bhilai

Quiz Winners

2

Code: SQ7
Name: Kartikey Sahu
Class: 12th
School: MGM Hr. Sec. School
Place: Balco, Korba

2

Code: SQ8
Name: Narendra Kumar Chandra
Class: 12th
School: MGM Hr. Sec. School
Place: Balco, Korba

Quiz Winners

1

Code: SQ5
Name: Animesh Kumar
Class: 10th
School: MGM Hr. Sec. School
Place: Bokaro

1

Code: SQ6
Name: Anurag Jyoti
Class: 10th
School: MGM Hr. Sec. School
Place: Bokaro

Most Popular Participant - Sub Junior

(on the basis of maximum YouTube likes)

Solo Dance

Code: SJSD18
Name: Deepshikha Mohanthy
Class: 5A
School: MGM Public School
Place: Shanti Nagar, Bhilai

Solo Song

Code: SJSS13
Name: Liya Bobi
Class: 4th B
School: MGM Hr. Sec. School
Place: Gayatri Nagar, Raipur

Most Popular Participant -Junior

(on the basis of maximum YouTube likes)

Solo Dance

Code: JSD11
Name: Palak Singh Chandel
Class: 8th
School: MGM Hr. Sec. School
Place: Balco, Korba

Solo Song

Code: JSS6
Name: Gyanprakash Singh
Class: 8th
School: MGM Hr. Sec. School
Place: Balco, Korba

Most Popular Participant -Senior

(on the basis of maximum YouTube likes)

Solo Dance

Code: SSD8
Name: Mrinali Nagwanshi
Class: 11th
School: MGM Hr. Sec. School
Place: Balco, Korba

Solo Song

Code: SSS2
Name: Suryansh Malviya
Class: 11th
School: MGM E.M Hr. Sec. School
Place: Itarsi

CONGRATULATIONS

CONGRATULATIONS

Winners on the basis of overall points- School wise

Champion

Points: 59
School: MGM Sr. Sec. School
Place: Sector - 6, Bhilai

Winners on the basis of overall points- School wise

1st Runner-up

Points: 58
School: MGM Hr. Sec. School
Place: Bokaro, Jharkhand

Winners on the basis of overall points- School wise

2nd Runner-up

Points: 45
School: MGM Hr. Sec. School
Place: Gayatri Nagar, Raipur

CONGRATULATIONS

Dr. Jestus V John
Principal
MGM Hr. Sec. School, Jagdalpur

Mr. Jestus V John, the Principal of MGM Hr.Sec. School Jagdalpur has been awarded Ph.D in English Literature from Acharya Nagarjuna University, Guntur. His research was on the Feminism in the novels of Anita Desai.

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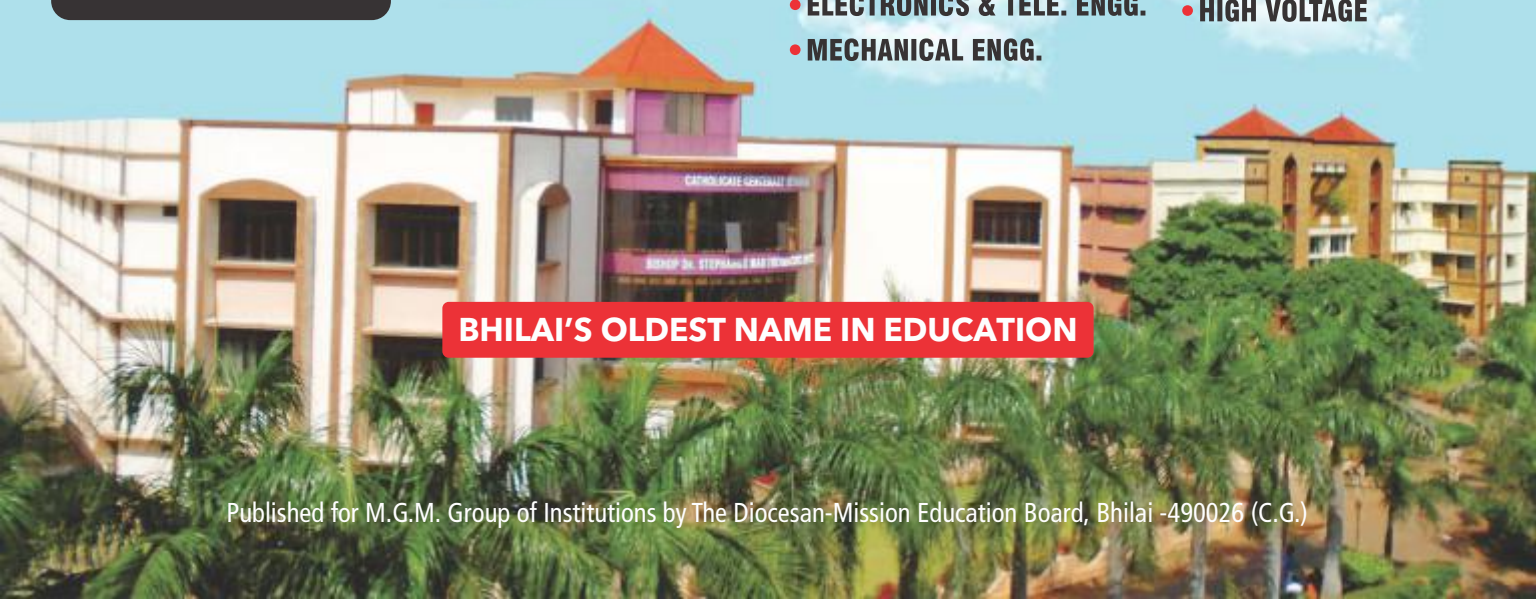

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